

Pensans Community Primary School Newsletter

Autumn Term Two: Week Beginning 1.12.25



PENSANS CP SCHOOL
Future ready - Ny veu kevs sew yans vyth



Mrs Ambrose's Weekly Update

Dear Parents, Friends and Families,

It's beginning to feel a lot like Christmas!!! Firstly a huge thank you to our wonderful Friends of Pensans School who have donated a magnificent 10ft Christmas Tree to the school which we can now enjoy for years to come. Please do encourage your children to make or donate a bauble to help us get really festive in the Hall. This Sunday 7th December the Pensans School Choir (and any Pensans children that wish to join in with us) will be singing at the Treneere Team Spirit Christmas Lightswitch on in Treneere outside the Chip Shop. We are meeting at 4.30p.m to get organised and then singing some Christmas tunes from 4.40p.m up to the 5.00p.m switch on! Please come and join us - dress up warm, wear a Christmassy hat or a bit of tinsel no school uniform required!

Monday 8th December the Pensans School Choir will be singing carols at St Mary's Haven and Bolitho Care Home in the afternoon. Choir children will need to wear smart school uniform and any Christmassy hat/headband if they would like to. The children will be back in school for normal pick up time at 3.10p.m

Tuesday 9th Dec- Christingle Service at Chapel Street Church 2.00p.m.

ALL CHILDREN Reception to Y6 will be going to the chapel and will need picking up from here after the service at 3.00p.m. There will be no after school club on Tuesday.

This does not include our Nursery or ARB children. ARB are having their own Christingle and crafting event that afternoon.

Wednesday 10th Dec - Christmas Dinner Day

& wear a Christmas Jumper Day (completely optional)

Christmas Dinner is Roast Turkey or Veggie Sweet Potato & Cranberry Baubles with Roasties, Christmas Vegetable Medley and Gravy, followed by Festive Cookies.

Thursday 11th Dec- Santa Fly Past 10.30a.m weather permitting!

Wow! What an incredibly fun and busy week.

Looking ahead - Tues 16th Dec Pantomime Day leaving from the train station

Tues 16th Reception going to the Ritz in Penzance.

Tues 16th Christmas Crafternoon - Gwithian Nursery and Cape Class.

Wed 17th Dec Reception/KS1 Christmas Performance afternoon & evening

Thurs 18th Dec KS2 Christmas Concert at Chapel Street Church 6.00p.m

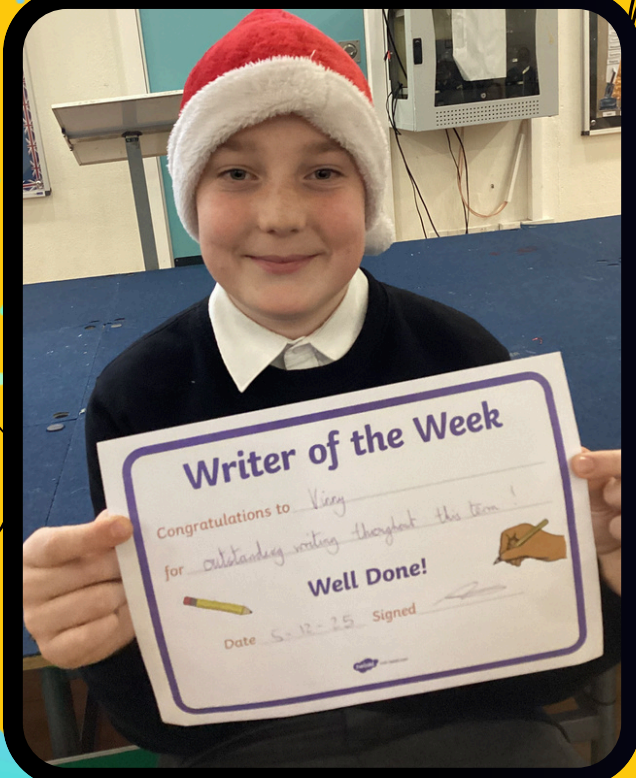
Fri 19th Dec End of Term School Closes 1.00p.m

So have a restful weekend and do think about joining us for a sing in Treneere on Sunday teatime!

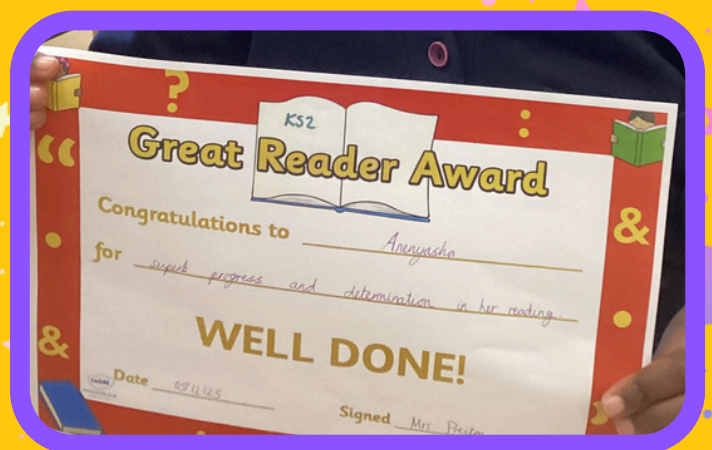
Best wishes,

Niki Ambrose

Headteacher's Award



A book is a gift you can
open again and again.
—Garrison Keillor



Stars of the Week

**Cape
Class**

Bodhi

**For being so helpful, kind and
caring to his friends.**

Gwithian Class

Liko

**For trying really hard on all of his
work and smashing it in phonics!**

Godrevy Class

Ellie

**For her determination in maths and
using strategies to support her
learning.**

**Porthcurno
Class**

Jack

**For his superb explanations and
understanding in our Internet
Safety Lesson.**

Sennen Class

Lilly

**For improved editing in writing and
great handwriting!**

**Polzeath
Class**

**Mille-Mae
Summer S**

**For working so hard all week!
For being a super star all week!**

**Porthmeor
Class**

Casper

**For fantastic number
recognition and excellent
communication skills**

**Porthminster
Class**

Harley B

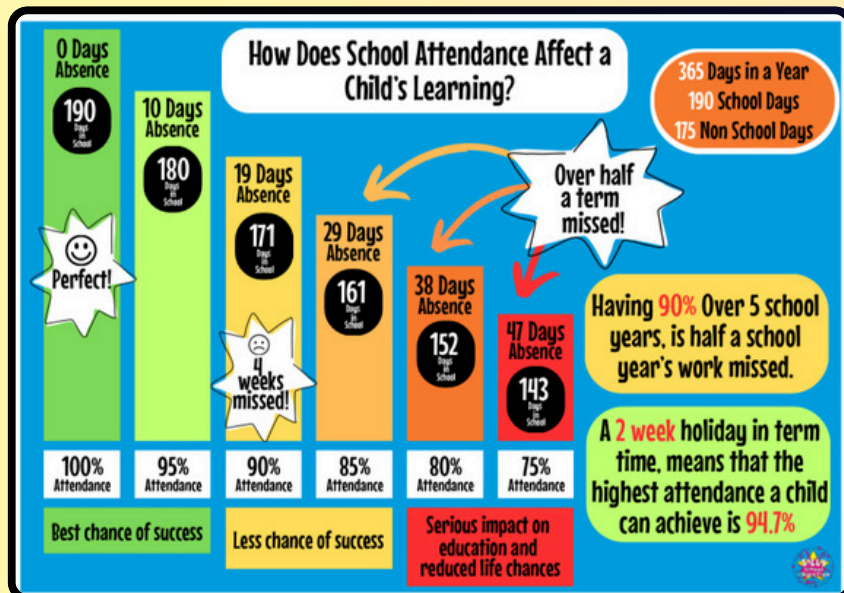
**For trying new things in Art
this week.**

Attendance

Our school
target
for
attendance
is 97%

Monday 1st December - Friday 5th
December 2025

1st Place: Porthminster 100%
2nd Place: Porthcurno 98.1%
**3rd Place: Porthmeor+Cape
96.61%**



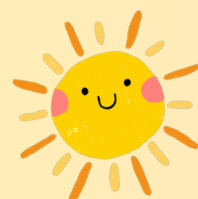
FRIENDS OF PENSANS SCHOOL AGM 12.1.26 Breakfast Club

Our Breakfast Club is open from 7:45am and costs £3.00 per session for your first child and then £1.50 for 2nd child (and any further siblings)

If you are entitled to Free Schools or Pupil Premium the cost of Breakfast Club is £2 for your first child and £1 for 2nd child (and any other further siblings)

Any children who are on the school site unsupervised before 8:30am will join the Breakfast Club Children and you will be charged accordingly. This will happen to ensure that we are safeguarding all of your children.

Thank you, Mrs. Pellow





Ruby Mason is our Oral Hygiene Champion at Pensans



From Big Brush Club – Looking after your child's oral health over Christmas

Dear Parent / Guardian,

With the Christmas holidays fast approaching, we wanted to take this opportunity to remind you of the importance of maintaining good oral hygiene routines.

We understand that the holiday season can bring changes to daily routines, but it is crucial to encourage your child to continue brushing their teeth twice a day for two minutes each time, using a fluoride toothpaste. This will help keep their teeth healthy and strong.

Here are some top tips to help support your child's oral health over the Christmas period.

Keep up the routine – Even with a busy holiday schedule, remind your child that if they want to make Santa's 'nice' list then they need to remember to brush their teeth twice every day. Use a **toothbrushing chart** to help them keep track, because Santa is definitely checking!

Frequency of sugar - While it's fine for children to enjoy some festive treats, remember that it's the frequency of sugar consumption, not the amount, that contributes most to tooth decay. Encourage treats to be eaten with or after a meal, rather than grazing on them between meals.

Avoid sticky sweets - Sweets like caramels and toffees cling to teeth for longer, increasing the risk of decay. A better alternative is chocolate, especially dark chocolate, as it washes off more easily.

Encourage water - Water is the best drink for oral health as well as general health. A simple glass of water can help wash away leftover sugar and keep mouths clean between brushes. If your child wants a sugary drink, encourage them to use a straw to minimise contact with their teeth.

Free webinar: Learn how to care for your children's teeth - The Big Brush Club hosts free online webinars for parents and guardians. These cover the main causes of tooth decay and preventive advice. Find out when our next webinar is at: www.bigbrushclub.co.uk/families.

We want to hear from you!

We kindly ask that you complete this very quick parent survey, if not already done so: www.bigbrushclub.co.uk/parent-survey.

We hope you and your family have a wonderful, festive holiday season!

Yours sincerely,

Julie of Harvey.



Follow us
on social
media!
[@bigbrushclub](https://twitter.com/bigbrushclub)

Brushing together for healthy smiles

★ YOU'RE INVITED
TO THE


St Aubyn
Foundation



★ Christmas Carol
★ WREATH TRAIL

on St Michael's Mount

St Michael's Mount is celebrating Christmas with a special project organised by the St Aubyn Foundation involving eleven local primary schools including this school. Each one has created a wreath inspired by a carol chosen by a resident island family.

The wreaths have been hidden around the harbour village and you're invited to enjoy the trail on select dates from 4 December – 5 January.

Free access, dogs
welcome

See website for
opening dates & times





TIME 2 MOVE

Holiday Programme



CHRISTMAS 2025

Free Family Led Cycle Rides at:

- Bissoe Trail
- Seaton Country Park
- Pentewan Trail

Meet time is 1000
Bike check optional
For all ages & abilities

Rides are taking place
across Cornwall during
the Christmas holidays
between 22nd Dec and
2nd Jan

Scan here
to book!



www.activecornwall.org/T2MHolidayProgramme

Time2Move.HolidayProgramme@cornwall.gov.uk



GYMNASTICS



WE'VE GOT SPACES

JOIN OUR RANGE OF PROGRAMS

Recreational gymnastics
Daily (4pm-5pm)

Lyrical and Hip Hop
Tuesdays (5:45pm-8:45pm)

Parkour
Tuesday and Thursdays (4:30-7:30)

Recreational Cheerleading
Wednesdays (5pm-6:30pm)

Competitive Cheerleading
Friday (5pm-7pm)
Sunday (12pm-4pm)

Email pzgymclub@gmail.com to book your trial





SEND ROOM OPEN DAY!

No booking fee!
Donation on arrival

Booking essential:
private or small groups available

Tuesday 2nd Dec - 11am-2:30pm

Book your visit by email: pzgymclub@gmail.com



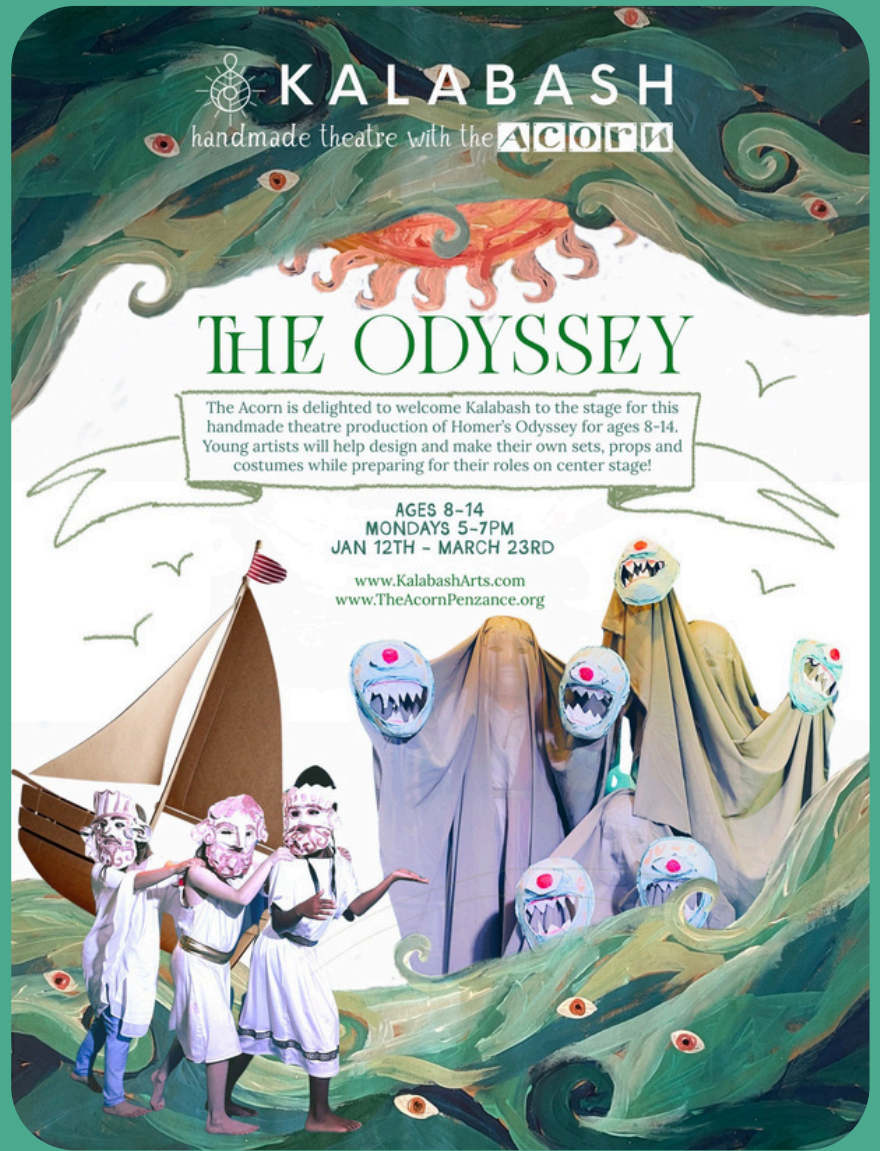
my.coacha.app



Penzance Gym Club



penzancegym





Did you know that parents can access Blackbird Pie magazine for free on BorrowBox using their library card?

If the printed copy is lost, crumpled at the bottom of a school bag, or simply never made it home, it's quick and easy to read the magazine on any personal device.

BorrowBox is completely free to use with a Cornwall Libraries membership and offers instant access to Blackbird Pie along with a wide range of children's eBooks, eAudiobooks and eMagazines—perfect for days when families need inspiration for things to do. If parents aren't already members, they can sign up for FREE online in minutes or pop into any Cornwall Library.

Thank you very much for helping us spread the word.

Kind regards,

Andy

**Andrew Varker | Education Library Service
Young Person's Library Service Co-ordinator
Cornwall Council/ Konsel Kernow| Gonisogeth, Diskwithans ha
Lyvervaow/Culture, Leisure and Libraries**

Email: andrew.varker@cornwall.gov.uk/ els@cornwall.gov.uk |

Tel: 01872 324303 Mob: 07354 163468

www.cornwall.gov.uk | 'Onen hag oll'

Unit 17, Threemilestone Industrial Estate, Truro TR4 9LD



CRICKET COACHING



**CHANCE TO SHINE
STREET**



**Cornwall
Cricket**

- TAPE BALL CRICKET
- FREE CRICKET COACHING
- NO EQUIPMENT NEEDED
- WEAR WHAT YOU WANT
- ALL GENDERS WELCOME
- PLAYER LED SESSIONS
- DEVELOP LIFE SKILLS



**IT'S
FREE!**

**SIGN UP
HERE!**



Scan me

**AGE 8-15 | EVERY TUESDAY | 4PM - 5:30PM
PENZANCE LEISURE CENTRE TR18 3QW**

**TO FIND OUT MORE CONTACT KELLIE WILLIAMS:
KELLIE.WILLIAMS@CORNWALLCRICKET.CO.UK / 07842 765445**