







WEEK 2



W/C: 06/09 27/09 18/10
08/11 29/11 10/01 31/01
14/03 04/04

HOT SPECIALS...


Veggie Bolognese  

 Penne pasta in a yummy tomato and Quorn sauce



Cheese and Tomato Pizza with Dough Balls  
 Cheesy tomato topped pizza slice




Allegra's Chicken Katsu with a Rice Side 
 Yummy crispy Chicken Katsu with rice

Allegra's Oodles of Noodles  
 Delicious noodles with tofu and veggies

Roast Turkey with Roast Potatoes & Gravy
 Roast turkey with fluffy roasties and tasty gravy

Creamy Vegetable Pie with Roast Potatoes and Gravy 
 Creamy vegetable pie with a cheesy shortcrust topper


Cottage Pie  
 Home cooked minced beef with a crispy potato topping



Mild Chickpea and Potato Curry   
 served with Wholemeal Rice


Golden Fish Fingers and Chips
 Crispy fish fingers with scrummy chips



Tomato Veggie Burger with Chips 
 A delicious homemade veggie burger


DAILY FAVES...

Jacket Potatoes 
 A choice of hot and cold fillings


Tomato Pasta  
 Fresh, homemade tomato and basil sauce with penne pasta

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 A choice of hot and cold fillings


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SIDES...

Green Beans and Sweetcorn


Broccoli and Peas

Cabbage and Carrots

Green Beans and Sweetcorn

Peas and Baked Beans

PICK A PUD!






Flapjack with Fruit Slices 

Peach Shortbread Pudding & Custard 

Raspberry Yoghurt Cake

Fruity Chocolate Brownie

Vanilla Ice-Cream

-  Vegetarian
-  Oily fish
-  Wholegrain
-  Fruity!
-  Nutritionist's Choice

Water, salad, bread and fruit

Available every day!

