

Pensans Community Primary School Newsletter

Spring Term Two: Week Beginning 5.1.26



PENSANS CP SCHOOL
Future ready - Ny vela leva new yawn syth



Mrs Ambrose's Weekly Update

Dear Parents, Friends and Families,

Thank you for all your co-operation and understanding today with our school closure. Although we had hoped to be open lots of our staff live outside Penzance and many were turned back by emergency services en route to school.

Luckily we have escaped any building damage however lots of our trees have come down. At this point it is unlikely that our top gate access (by the fire station) will be cleared for safe access by Monday so please use the main school entrance only. Here are a few storm photos!

Keep safe this weekend and we'll see everyone back at school as normal on Monday 12th January.

Niki Ambrose



Attendance

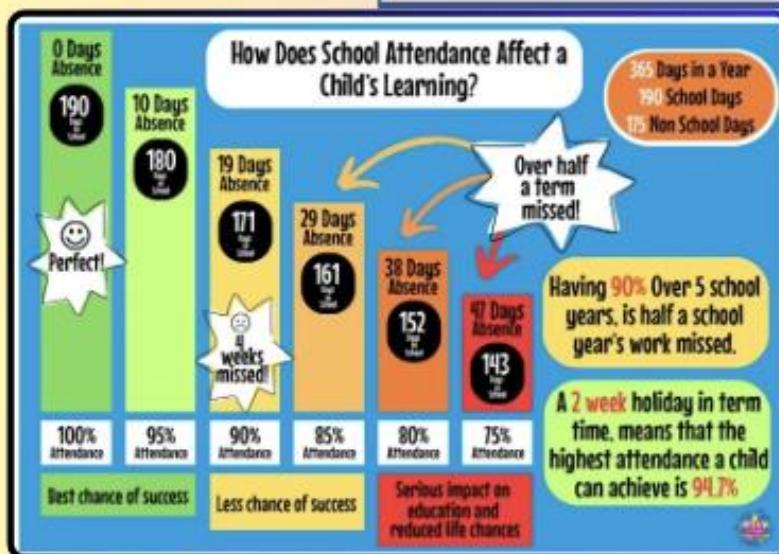
Our school
target
for
attendance
is 97%

Monday 5th January - Friday 9th January 2026

1st Place: Porthcurno + Sennen 100%

2nd Place: Porthmeor 94.87%

3rd Place: Godrevy 94.27%



FRIENDS OF PENSANS SCHOOL AGM 12.1.26 Breakfast Club

Our Breakfast Club is open from 7:45am and costs £3.00 per session for your first child and then £1.50 for 2nd child (and any further siblings)

If you are entitled to Free Schools or Pupil Premium the cost of Breakfast Club is £2 for your first child and £1 for 2nd child (and any other further siblings)

Any children who are on the school site unsupervised before 8:30am will join the Breakfast Club Children and you will be charged accordingly. This will happen to ensure that we are safeguarding all of your children.

Thank you, Mrs. Pellow



AUTISM INFORMATION SESSIONS FOR PARENTS/CARERS

SENCO Forum

- Autism Information Sessions for parents/carers - complex needs
 - We wanted to make you aware that there are still spaces on our complex needs sessions. These sessions are for parents and carers of autistic children who also have significant language and learning needs.

The workshop covers key topics about different aspects of autistic life with a focus on using communication and visuals at home, structure and play, and sensory processing.

Parents have a choice of joining either a 5 hour in person workshop which runs on one day (23rd January) or three online sessions which are each 1.5hours long and run over 3 weeks (19th Jan, 26th Jan, 2nd Feb).

Please feel free to share this information with any parents you feel would benefit from attending. Booking is via our website or through this link <https://parentbooking.cornwall.gov.uk/home/autism-information-sessions/>

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Ruby Mason is our Oral Hygiene Champion at Pensans



Service provided by:
At Home Dental

From Big Brush Club – Looking after your child's oral health over Christmas

Dear Parent / Guardian,

With the Christmas holidays fast approaching, we wanted to take this opportunity to remind you of the importance of maintaining good oral hygiene routines.

We understand that the holiday season can bring changes to daily routines, but it is crucial to encourage your child to continue brushing their teeth twice a day for two minutes each time, using a fluoride toothpaste. This will help keep their teeth healthy and strong.

Here are some top tips to help support your child's oral health over the Christmas period.

Keep up the routine – Even with a busy holiday schedule, remind your child that if they want to make Santa's 'nice' list then they need to remember to brush their teeth twice every day. Use a **toothbrushing chart** to help them keep track, because Santa is definitely checking!

Frequency of sugar - While it's fine for children to enjoy some festive treats, remember that it's the frequency of sugar consumption, not the amount, that contributes most to tooth decay. Encourage treats to be eaten with or after a meal, rather than grazing on them between meals.

Avoid sticky sweets - Sweets like caramels and toffees cling to teeth for longer, increasing the risk of decay. A better alternative is chocolate, especially dark chocolate, as it washes off more easily.

Encourage water - Water is the best drink for oral health as well as general health. A simple glass of water can help wash away leftover sugar and keep mouths clean between brushes. If your child wants a sugary drink, encourage them to use a straw to minimise contact with their teeth.

Free webinar: Learn how to care for your children's teeth - The Big Brush Club hosts free online webinars for parents and guardians. These cover the main causes of tooth decay and preventive advice. Find out when our next webinar is at: www.bigbrushclub.co.uk/families.

We want to hear from you!

We kindly ask that you complete this very quick parent survey, if not already done so: www.bigbrushclub.co.uk/parent-survey.

We hope you and your family have a wonderful, festive holiday season!

Yours sincerely,

Julie & Murray.



Brushing together for healthy smiles

www.bigbrushclub.co.uk

info@bigbrushclub.co.uk

Coffee Club



Join us for a coffee and a
catch up.

Friday 16th January 9-10am

Everyone welcome!

Blackbird Pie

Cornwall's what's-on for families



Did you know that parents can access Blackbird Pie magazine for free on BorrowBox using their library card?

If the printed copy is lost, crumpled at the bottom of a school bag, or simply never made it home, it's quick and easy to read the magazine on any personal device.

BorrowBox is completely free to use with a Cornwall Libraries membership and offers instant access to Blackbird Pie along with a wide range of children's eBooks, eAudiobooks and eMagazines—perfect for days when families need inspiration for things to do. If parents aren't already members, they can sign up for FREE online in minutes or pop into any Cornwall Library.

Thank you very much for helping us spread the word.

Kind regards,

Andy

**Andrew Varker | Education Library Service
Young Person's Library Service Co-ordinator
Cornwall Council/ Konsel Kernow| Gonisogeth, Diskwithans ha
Lyvervaow/Culture, Leisure and Libraries**

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www.cornwall.gov.uk | 'Onen hag oll'

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GYMNASTICS



WE'VE GOT SPACES

JOIN OUR RANGE OF
PROGRAMS



Recreational gymnastics
Daily (4pm-5pm)

Lyrical and Hip Hop
Tuesdays (5:45pm-8:45pm)

Parkour
Tuesday and Thursdays (4:30-7:30)



Recreational Cheerleading
Wednesdays (5pm-6:30pm)

Competitive Cheerleading
Friday (5pm-7pm)
Sunday (12pm-4pm)

Email pzgymclub@gmail.com to book your trial

